

# April Stir Crazy Sock Puppet by Marty Ornish



Bring out your inner child with this easy project. If you have children or grandchildren, include them in the design and creation of the puppets. Be sure to post a photo of your project on Facebook and Instagram using [#stircrazyvam](https://www.facebook.com/stircrazyvam).

## SUGGESTED MATERIALS

A washed sock (striped colorful socks are best)  
Needle and thread  
Hot glue gun  
Parchment paper to protect your surface  
Pompoms or cotton balls

Scissors

“Googly eyes” and/or buttons

Marking pen or chalk

Colorful craft felt or leather scraps to make tongue

Yarn, doll hair or various heavy trim to create hair

Tension rod to create a puppet theater

## INSTRUCTIONS

1. Turn sock inside out, and then flatten the sock.
2. Cut out cardboard 5” X 3” and fold in half so it’s 2.5” deep and 3” wide. Using the scissors round off the edges of all 4 sides of the folded cardboard.
3. Glue the flattened toe of the sock to the cardboard, so the cardboard becomes glued to the sock as shown in the photograph. Be careful when using a hot glue gun near children. Make certain the glue does not go through to the backside of the sock, or you will have glued the sock together.
4. Turn sock right side out, and you will see that the “mouth” of the puppet has been formed.
5. Insert your hand in the sock so your fingers can manipulate the mouth. This will help you decide where to place the eyes and nose, and mark with chalk.
6. Glue googly eyes to a pom pom, cotton ball or a circle cut from felt. Then glue the googly eyes to the sock. You can also use large rhinestone buttons or other objects for eyes. The larger the pom-pom or buttons, the crazier the puppet.
7. Hand-stitch a button for the nose.
8. Open up the mouth to add a tongue made out of craft felt or leather scraps. The tongue can be forked like a lizard, or any shape you desire. Glue the tongue to the inner most fold of the mouth.
9. Using colorful trim, dolls hair from an unwanted doll, or just yarn, glue on the hair. To make yarn puppet hair, wind a lot of yarn around a 6” wide piece of scrap cardboard. Pull the wound yarn off the cardboard carefully and tie it tightly in the center. Then cut the end loops on both sides. Glue the center of this puppet hair to the puppet’s “scalp.”

Create a quick puppet show theater by hanging a curtain or sheet over a tension rod in a doorway, or give your sock puppets as gifts!