February Stir Crazy
Handprint Pillow or Greeting Card
Helen Ashdown

Bring a personal touch to Valentines Day with your own handprint (or your child or grandchildren’s handprint) on either a pillow or a greeting card. This project is very simple and fun to do!

Be sure to post a photo of your project on Facebook and Instagram using the tags #stircrazyvam and #vam-valentine.

SUGGESTED MATERIALS
For a pillow:
• A pillow form or fiberfill stuffing
• Fabric the size of your pillow plus another color for hearts and handprint
• Basic sewing supplies
• Wonder under type fusible, fabric glue or just sew on your design!

For a greeting card:
• Card stock or construction paper
• Colorful marking pens, glue
• Optional: heart stickers or heart confetti

INSTRUCTIONS
For pillow:
1. Cut 2 pieces of fabric 1" larger than the desired pillow size.
2. If using fusible, attach to heart fabric and hand fabric.
3. Trace your hand and cut out hearts and hand.
4. Press them to pillow fabric.
5. Sew pillow with 1/2" seam allowance leaving an opening for filling.
6. Turn, stuff, hand stitch opening.

For greeting card:
1. Trace your handprint.
2. Draw or add hearts.

Make sure to enjoy and have fun!