

## February Stir Crazy Handprint Pillow or Greeting Card Helen Ashdown



Bring a personal touch to Valentines Day with your own handprint (or your child or grandchildren's handprint) on either a pillow or a greeting card. This project is very simple and fun to do!

Be sure to post a photo of your project on Facebook and Instagram using the tags #stircrazyvam and #vamvalentine.

## SUGGESTED MATERIALS

For a pillow:

- A pillow form or fiberfill stuffing
- Fabric the size of your pillow plus another color for hearts and handprint
- Basic sewing supplies
- Wonder under type fusible, fabric glue or just sew on your design!

For a greeting card:

- Card stock or construction paper
- Colorful marking pens, glue
- · Optional: heart stickers or heart confetti



For pillow:

- 1. Cut 2 pieces of fabric 1" larger than the desired pillow size.
- 2. If using fusible, attach to heart fabric and hand fabric.
- 3. Trace your hand and cut out hearts and hand.
- 4. Press them to pillow fabric.
- 5. Sew pillow with 1/2" seam allowance leaving an opening for filling.
- 6. Turn, stuff, hand stitch opening.

For greeting card:

- 1. Trace your handprint.
- 2. Draw or add hearts.

Make sure to enjoy and have fun!





