

Shifting Tides

Studio Art Quilt Associates, Inc. (SAQA)

Meet Janet Scruggs Kamloops, British Columbia



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Artwork on Display

Plastic Chowder?

Janet holds a B.A in Education from the University of Calgary and a City and Guilds of London Institute Level 3 Certificate in Design and Hand Embroidery. While raising four children, three with FASD, she worked as a parent mentor for other families raising children with FASD. Janet also taught and mentored others in an experimental textile group, the Fibre Optics Group, for many years. She and her husband moved from Calgary to Kamloops in 2016 where she continues to pursue her artistic growth as well as teaching design and textile techniques. As a member of Kamloops Arts Council, Fibre Art Network and SAQA, she exhibits her work through these organizations, as well as art galleries as opportunities arise. Janet employs various surface design techniques in her art pieces, incorporating painting, felting, quilting, hand embroidery, and other mixed media processes. Discovering and implementing new techniques is an ongoing passion.

Artist Statement

Plastics causing harm to marine life and birds in our oceans has been widely publicized. But did you know you could be ingesting micro-plastics when you enjoy that bowl of clam chowder, steamed mussels or oysters? Researchers at Simon Fraser University in British Columbia have found that many shellfish farms are polluted by micro plastics. These can come from plastic that is breaking down (clothing, carpets, other textiles), plastics used in the industry itself, or microbeads that are used in personal care products. These micro-plastics are being ingested by shellfish and then we in turn consume them.

To view full exhibit - <https://visionsartmuseum.org/shifting-tides/>