



New Year, New Dye-it! Now that you've learned about the process of dyeing with food, plants, and plant extracts with Tara Ritacco, let's use that wonderful, dyed fabric. Read below, for instructions on how to create a journal cover for a journal you are already using or plan to use.

Be sure to post a photo of your journal cover on Facebook and Instagram using the tags [#stircrazyvam](#) and [#vambotanicaldyes](#).

SUGGESTED MATERIALS

- Dyed fabric, Fabric Suggestions: Cotton Muslin, Silk Haboti, Silk Organza, or other natural fibers
- Embelishments such as ribbon, yarn, trim, etc...
- Journal to cover, paper for pattern.

INSTRUCTIONS

1. Select journal or book to cover.
2. When creating a pattern, consider construction. Will it have 4 hemmed sides? Will it be quilted?
3. Lay opened book onto pattern and add facings and seam allowances.
4. Select base fabric and accents.
5. Decorate and enjoy!

FOR FULL INSTRUCTIONS

<https://docs.google.com/presentation/d/1YS5GXCZMV95kQ08GLfcgbqIKP0HSEprLtVNwvS9nwQ/edit?usp=sharing>